



Your Bills, Trimmed.

Cutting your energy, water and subscription bills, with artificial intelligence.

10 prompts to understand, hunt,
reduce, invest and track.

Free for the SYSTINFO community



GOOD TO KNOW

An ally, not a provider.

Your energy, water and subscription bills keep climbing, and 2026 makes it worse: demand is soaring and prices follow. Assistants like ChatGPT, Gemini or Le Chat read a bill, spot the heavy items and suggest savings, without replacing your provider or a professional. Three reflexes first.

- **AI estimates, it does not read your meter**

It reasons on the numbers you give it. Exact amounts and real savings are checked on your own bills.

- **Never paste sensitive data**

Account number, bank details, full address: replace them with brackets before pasting a bill.

- **The last word belongs to the field**

A quote, a tradesperson or your provider confirms what is doable at home. AI prepares, it does not decide.

The good habit: AI maps the options, you confirm the figures on your own bills.
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THE METHOD

Five moves, ten prompts.

Trimming your bills comes down to five moves: understand where the money goes, hunt down waste, reduce with the right habits, invest where it pays back, and track so it never drifts. Ten prompts, two per move.

*Every prompt follows the same recipe: Role, Context, Task, Format.
Copy the structure, change the brackets.*

01 Understand

· 2 prompts

02 Hunt

· 2 prompts

03 Reduce

· 2 prompts

04 Invest

· 2 prompts

05 Track

· 2 prompts



The Bill Decoded

PROMPT TO COPY

Role: you are a plain-speaking energy adviser.

Context: I struggle to read my [electricity, water, internet] bill: [paste the amounts].

Task: explain where my money goes.

Format: each line in plain words, the items that weigh most, the jargon translated, and a reminder that you estimate without knowing my exact contract.

What you get

Your money finally readable. Understanding where each euro goes is the first step to stop paying without knowing why.



The Heavy Line Items

PROMPT TO COPY

Role: you are an analyst of household spending.

Context: here are my bills over recent months

[paste or summarise the amounts by item].

Task: tell me what costs the most and why.

Format: my spending ranked, the suspicious rises, two savings ideas per item, and the questions to ask my provider.

What you get

The real culprits identified. Knowing which items weigh most tells you exactly where to act first for a visible effect.



The Waste Spotted

PROMPT TO COPY

Role: you are an energy waste hunter.

Context: my home is [type, size, heating, number of occupants, habits].

Task: spot where I waste without noticing.

Format: my likely waste listed, from costliest to smallest, the fix for each, and what costs nothing to correct.

What you get

Invisible waste made visible. Many euros slip away out of habit; naming them is already starting to win them back.



The Power-Hungry Devices

PROMPT TO COPY

Role: you are an expert in everyday appliances.

Context: here are my devices [list: appliances, screens, water heater, AC] and how I use them.

Task: tell me which ones use the most.

Format: the biggest guzzlers ranked, each rough cost, how to cut back without replacing them, and which ones are worth replacing.

What you get

Your devices ranked from greediest to leanest. You finally know what to unplug, what to set and what to replace one day.



The Moves That Matter

PROMPT TO COPY

Role: you are an energy-saving coach.

Context: I want to cut my [type] bill without losing

comfort: [my situation].

Task: give me the moves with the best payback.

Format: ten moves ranked by real savings, the estimated gain of each, the ones to do free today, and a plan to keep it up over time.

What you get

A list of moves sorted by real gain. No more vague tips: you start with what pays most, today.



The Smart Settings

PROMPT TO COPY

Role: you are a home-settings technician.

Context: my [heating, water heater, router, AC] are set [like this or by default].

Task: advise the settings that lower the bill.

Format: the right setting room by room, the advised temperature or mode, the common mistake to avoid, and a reminder to check the manual.

What you get

The right setting instead of the default one. A few degrees and well-chosen modes lighten the bill with no loss of comfort.



The Payback Upgrades

PROMPT TO COPY

Role: you are an adviser on money-saving works.

Context: my home [type, age, budget] and my bills [amounts].

Task: tell me which upgrades pay back.

Format: upgrades ranked by return on investment, the cost and saving estimated, all to confirm with a quote and a qualified pro.

What you get

The works that pay for themselves first. You invest where the saving comes back fast, not where the seller pushes.



The Help You Can Claim

PROMPT TO COPY

Role: you are a guide to home-upgrade support.

Context: I want to fund [the energy-saving project] and my situation is [details].

Task: explain the help I might get.

Format: the types of support to explore, the general conditions, the traps to avoid, and a reminder to check official schemes that are current.

What you get

A boost many people miss. Knowing the help available can cut the cost of a project in half.



The Month-By-Month Watch

PROMPT TO COPY

Role: you are a budget-tracking assistant.

Context: I record my usage [period, figures] and want to keep it under control.

Task: help me set up a simple tracker.

Format: a monthly tracking table ready to fill, the alert thresholds, the reading routine, and how to read a rise before it runs away.

What you get

Your usage in plain sight, every month. A simple tracker catches a rise early, while it is still easy to fix.



Compare And Switch

PROMPT TO COPY

Role: you are a neutral offer comparator.

Context: I pay [provider, plan, amount] for [electricity, internet, mobile] since [date].

Task: help me see if I can pay less.

Format: the points to compare, the questions to ask before switching, a cancellation message template, and a reminder to check real offers on the market.

What you get

Proof that you pay a fair price. Comparing and, if needed, switching means refusing to pay loyalty at full price.



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