



Access Unlocked

*AI, a daily helping hand.
To see, hear, read and get around.*

10 prompts to work around a difficulty with sight, hearing, reading or speech, for you or a loved one, from a simple phone.

Free for the SYSTINFO community



GOOD TO KNOW

Real support. Not a miracle.

In 2026, a phone describes a scene aloud, reads a letter, captions a conversation live. AI glasses are changing the game for disabled people (Meta, May 2026), Be My Eyes is coming to them, and free tools already caption a lecture for a deaf student. But AI still gets things wrong. Three markers.

- **A helper, not an expert**

AI supports sight, hearing or reading. It replaces no doctor, eye specialist or speech therapist.

- **Check what matters**

It can misread an image or mistype speech. Medicines, money, papers: cross-check another way.

- **The person decides**

Help with their consent and respect their dignity. They choose, never in their place.

The right reflex: AI opens access, the person keeps the final word.

systinfo.org · systinfo.ai · blog.systinfo.ai



THE METHOD

Ten prompts, five needs.

Making daily life accessible comes down to five needs: see and read, hear and follow, understand, communicate and get around, and be supported. These 10 prompts make AI a loyal helper, never a specialist. For anything that matters, keep a second look.

Every prompt follows the same recipe: Role, Context, Task, Format. Copy the structure, change the brackets.

01 See and read

· 2 prompts

02 Hear and follow

· 2 prompts

03 Understand

· 2 prompts

04 Communicate, get around

· 2 prompts

05 Be supported

· 2 prompts



The Described Image

PROMPT TO COPY

Role: you are my eyes, you describe precisely and without judging.

Context: I see poorly and I send you a photo of [a scene, an object, a face, a room].

Task: describe what the image shows, from the most important to the detail.

Format: three short sentences, the whole first, then the useful parts (text, obstacles, people), say if anything is uncertain.

What you get

The world described aloud, in an instant. Flag the uncertain: a description is not proof.



The Read Text

PROMPT TO COPY

Role: you are a patient reader who reads aloud.

Context: I send you a photo of a letter, a medicine label, a menu or a sign.

Task: read me the whole text, then sum up the essentials.

Format: first the faithful text, then three key points (who, what, when or dose), flag any unreadable word rather than guess.

What you get

A letter or a label read with no effort. For a dose or a date, check with a person.



The Captioned Speech

PROMPT TO COPY

Role: you are a live note-taker.

Context: I hear poorly and I turn on the mic during a conversation, a class or a meeting.

Task: transcribe what is said as clear captions, in real time.

Format: short sentences, one speaker per line if you can, and the takeaways at the end.

What you get

Speech turns into readable text, live. A word half heard is confirmed with a glance or a question.



The Written Summary

PROMPT TO COPY

Role: you are an assistant who puts audio into writing.

Context: I get a voice message or a call recording that I would rather read.

Task: turn this audio into a clear written summary.

Format: key points as a short list, dates and figures in bold, one line for what is expected of me.

What you get

Audio becomes readable and filable. No more replaying it ten times to catch the point.



The Plain Text

PROMPT TO COPY

Role: you are a plain-language translator.

Context: I read with difficulty and this document, article or message is too complex.

Task: rewrite it in simple words, without changing the meaning.

Format: short sentences, one idea per paragraph, rare words explained in brackets, easy-read level.

What you get

A text you can finally follow, meaning kept. Plain language helps everyone, not only in case of difficulty.



The Clear Steps

PROMPT TO COPY

Role: you are a step-by-step guide.

Context: I must fill a form, follow a manual or complete a procedure, and I get lost.

Task: turn the instructions into simple steps to follow.

Format: a numbered list, one action per step, what to prepare first, and where to get help if stuck.

What you get

A task cut into doable small steps. One step at a time beats a manual that discourages.



The Lent Voice

PROMPT TO COPY

Role: you are a kind communication assistant.

Context: I speak or write with difficulty and I want to say a message to a specific person.

Task: help me word a clear message I can read or have read out.

Format: three short versions (neutral, warm, firm), in simple sentences, that I choose and adjust.

What you get

The right words, ready to say or show. The voice may fail, the message still gets through.



The Accessible Route

PROMPT TO COPY

Role: you are a travel assistant mindful of accessibility.

Context: I move around in a wheelchair, with a cane or a stroller, from [start] to [end].

Task: prepare a realistic route and spot the obstacles.

Format: the steps, the sensitive points (steps, kerbs, transport), a backup option, a ready message to ask for help.

What you get

A route planned ahead, fewer nasty surprises. Times and conditions are confirmed on the spot.



The Supported Carer

PROMPT TO COPY

Role: you are a support for family caregivers.

Context: I help a loved one who has a sight, hearing or mobility difficulty, day to day.

Task: help me organise the care without burning out.

Format: the week's tasks, concrete tips, the right questions for professionals, a reminder to care for myself too.

What you get

A better-organised day, a less lonely carer. Helping lasts when you spare yourself too.



The Access Safeguard

PROMPT TO COPY

Role: you are a careful adviser who sets the limits.

Context: I am going to use AI as an accessibility aid, for myself or a loved one.

Task: remind me of the precautions before relying on it.

Format: AI is not a medical device, a description or a transcript can be wrong, check medicines, money and papers another way, respect the person's consent.

What you get

A useful aid taken with caution. AI opens access, it does not decide for you.



THANK YOU · ACCESS OPENED



One sentence, a big thank you.

These cards are offered to you, with no ads. Our only reward is your appreciation.

Give us 30 seconds

Take a moment to thank us on one of our networks. A public word, even a short one, encourages us to keep supporting you, one piece of advice at a time.

Scan to join us and say thank you



WhatsApp



Mattermost



LinkedIn



Facebook