



Homework Ally

*Supporting your child's schoolwork,
without doing it for them.*

10 prompts to help with homework, revise and set healthy rules, with the AI as the parent's ally and not a machine that hands out answers.

Free for the SYSTINFO community



GOOD TO KNOW

The AI helps. The parent guides.

In 2026, UNICEF estimates that at least 20 million children have already used AI, 13 million of them for homework. Nearly one in four young people aged 9 to 17 says they would ask a chatbot first, before a trusted adult. The tool is here. What matters is how you support them. Three markers.

- **The AI is not the homework**

It explains and drills. It replaces neither the child's thinking nor the teacher.

- **Checking stays a reflex**

An AI is sometimes confidently wrong. Cross-check with the notebook and the lesson.

- **Trust before the screen**

The child must be able to come to you first. The AI helps with homework, not with real worries.

The good habit: the AI lights up the homework, the teacher stays the reference, you the
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THE METHOD

Ten prompts, five moments.

Supporting well comes down to five moments: understand the instruction, help without doing it for them, practise, organise and motivate, set the frame. These 10 prompts hand the AI the first draft of each. Your presence does the rest.

*Every prompt follows the same recipe: Role, Context, Task, Format.
Copy the structure, change the brackets.*

01 Understand the instruction

· 2 prompts

02 Help, don't do it for them

· 2 prompts

03 Practise, revise

· 2 prompts

04 Organise, motivate

· 2 prompts

05 Set the frame

· 2 prompts



The Instruction Decoder

PROMPT TO COPY

Role: you are a teacher who explains an instruction simply.

Context: my child is in [grade]. The instruction says: [paste it]. I am not sure what is expected.

Task: explain what the exercise asks and which skill it works on.

Format: the instruction reworded in plain words, the target skill, one example of what is expected, without doing the exercise.

What you get

An instruction finally clear, so you guide without missing the point. Knowing what is asked keeps you from working off-topic.



The Two-Voice Explainer

PROMPT TO COPY

Role: you are a teacher who explains twice, at two levels.

Context: my child aged [age, grade] is stuck on [concept].

I want to understand so I can re-explain it myself.

Task: explain this concept to the child, then to me, the adult.

Format: a short, vivid version for them, a fuller version for me, an everyday example, no ready-made answer.

What you get

Enough to re-explain in your own words, with confidence. A child learns better from a parent who understood than from a screen that recites.



The Guided Nudge

PROMPT TO COPY

Role: you are a tutor who guides by questions, never by the answer.

Context: my child in [grade] is stuck on [exercise]. They already tried [what they did].

Task: help them find it on their own, step by step.

Format: one question at a time to move them forward, a hint if truly stuck, and never give the final solution.

What you get

A child who searches and finds, instead of copying. A guided nudge trains the reasoning; a ready answer puts it to sleep.



The Explained Mistake

PROMPT TO COPY

Role: you are a patient teacher who explains a mistake.

Context: my child answered [their answer] to [exercise].

It is wrong.

Task: help me see where their reasoning slipped, so I can guide them.

Format: the exact spot of the error, why it is wrong in plain words, one question to help them fix it alone, without handing over the answer.

What you get

The mistake becomes a lesson, not a humiliation. Seeing where it slipped beats a correction that is forgotten at once.



The Tailored Quiz

PROMPT TO COPY

Role: you are a teacher who builds a short practice quiz.

Context: my child in [grade] is revising [lesson, chapter]. Level: [confident, shaky].

Task: prepare a short quiz for them to practise.

Format: five questions from easiest to hardest, the answers set aside for me the parent, a line of explanation under each.

What you get

Practice matched to their lesson, ready in a moment.

Answers kept aside let you correct without the child copying.



The Revision Sheet

PROMPT TO COPY

Role: you are a teacher who boils a lesson down for memory.

Context: my child must learn [lesson] for [date, test].

Here is the lesson: [paste or describe].

Task: turn it into a simple revision sheet.

Format: the essentials in a few points, a memory trick, two questions to self-test, all fitting on one page.

What you get

A lesson trimmed to the essentials, easy to review the night before. A clear sheet tires less and sticks better than a whole notebook.



The Homework Plan

PROMPT TO COPY

Role: you are an organiser who builds a realistic schedule.

Context: my child in [grade] has [homework, lessons] for [deadlines]. They work well [time of day].

Task: propose a weekly plan they can actually keep.

Format: one slot a day, breaks included, the hardest task when they are fresh, some room for the unexpected, no overload.

What you get

A clear week that eases the evening tension. A realistic plan with breaks holds better than one long evening at once.



The Word of Encouragement

PROMPT TO COPY

Role: you are a caring mentor who re-motivates without lying.

Context: my child aged [age] is losing heart in [subject].
They say [what they feel].

Task: help me find the words to lift them back up.

Format: a way to acknowledge their effort, a way to take the sting out of a mistake, one reachable small step, no empty flattery.

What you get

The right words to restart, without overdoing it. Naming the effort and aiming at a small step builds more courage than a hollow compliment.



The House Rules

PROMPT TO COPY

Role: you are a mediator who helps set family rules.

Context: at home, my child aged [age] uses AI for [uses].

I want a clear frame, decided with them.

Task: propose simple rules for using AI at home.

Format: when AI is allowed and when not, what we always check, what we never share, worded to be discussed and agreed with them.

What you get

A clear frame, set with the child rather than against them. Rules decided together hold better than a ban imposed from above.



The Parent's Safety Net

PROMPT TO COPY

Role: you are a careful adviser who reviews how we use AI.

Context: my child leans on AI for [schoolwork]. I want to be sure it truly helps.

Task: remind me of the markers to keep in mind.

Format: the signs the AI is doing the work for them, what we cross-check with the teacher, the data never to give, one clear reminder.

What you get

A review that keeps the AI in its place as a tool. The child thinks first, the AI lights the way next, and the human, parent and teacher, stays at the centre.



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