AI TOOLS SERIES · NETWORKING **No. 102**

Your Network, Built

Building a network that opens doors, with AI to find the right words.

10 prompts to map your network, reach the right person, prepare your meetings, nurture the bond and give before you ask, without ever sounding needy.

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GOOD TO KNOW

AI finds the words, you build the bond.

A good network is not forced, it is grown. In 2026, assistants (ChatGPT, Gemini, Le Chat) can write the right message, prepare a meeting and find the right moment to follow up. Three markers before you start.

- **AI drafts, you stay yourself**
  It suggests the words, but the message must sound like you. Copy that is too smooth rings false and is spotted fast.
- **A network is given as much as taken**
  Help before you ask. People remember who was useful, not who only reached out.
- **AI does not know your contacts**
  It only knows what you tell it. Check a fact about the person before quoting it, and invent nothing.

The right reflex: one real bond beats a hundred contacts you never dare to reach.

THE METHOD

Ten prompts, five steps.

No need to be an extrovert. These 10 prompts take you from first contact to a network that lives: map your network, reach the right person, prepare your meetings, nurture the bond and give to last. Change the brackets to fit your case.

Every prompt follows the same recipe: Role, Context, Task, Format. Copy the structure, change the brackets.

01 **Map your network**
· 2 prompts

02 **Reach the right person**
· 2 prompts

03 **Prepare the meeting**
· 2 prompts

04 **Nurture the bond**
· 2 prompts

05 **Give and activate**
· 2 prompts

PROMPT 01 · MAP

Your Goal, Clear

PROMPT TO COPY

Role: you are an advisor who helps build a useful network.
Context: I want to grow my network to [find clients], but I go about it at random.
Task: help me define what I am looking for and who can help me get there.
Format: a one-sentence goal and 3 contact profiles to target first.

What you get

A clear direction. You know what you want and who can help, before writing to anyone.



The Right Person

PROMPT TO COPY

Role: you are a professional networking strategist.
Context: I already know [a few people] but I do not know whom to approach.
Task: help me spot who, around me, can open a door toward [my goal].
Format: a short ranked list, from easiest to most useful to reach, with why.

What you get

The right doors first. You start with the most reachable, most useful contacts.

The First Message

PROMPT TO COPY

Role: you are an expert in first-contact messages.
Context: I want to write to [someone] I barely know, without sounding needy.
Task: write a short, warm, clear message that makes them want to reply.
Format: 3 or 4 sentences, one reason to reply, no wall of text.

What you get

A message people read and answer. Short, sincere, easy to say yes to.

The Intro, Requested

PROMPT TO COPY

Role: you are an advisor who helps secure a warm introduction.
Context: [a mutual contact] could introduce me to [the person I am after].
Task: write a message that makes the introduction simple for them to pass on.
Format: a ready-to-forward message, with one line my contact can copy.

What you get

An intro that is easy to accept. You do the work for the person connecting you.

PROMPT 05 · PREPARE

The Event, Prepped

PROMPT TO COPY

Role: you are a networking coach for events.
Context: I am going to [a fair, a conference] and I quickly feel lost in the crowd.
Task: prepare me to approach the right people without stress.
Format: 3 profiles to target, an opening line and a question to start the talk.

What you get

You walk in with a plan. No more circling the room, coffee in hand.

The Meeting, Prepped

PROMPT TO COPY

Role: you are an assistant who prepares a professional meeting.
Context: I have [a call, a coffee] with [someone] and want to make a good impression.
Task: help me prepare good questions from what I already know about them.
Format: 5 open questions and 2 points to remember about the person or their work.

What you get

You arrive curious and prepared. The conversation opens on its own.

The Follow-Up That Sticks

PROMPT TO COPY

Role: you are an expert in follow-up messages after a meeting.
Context: I spoke with [someone] and want to keep the link, without begging.
Task: write a follow-up that recalls our talk and offers a simple next step.
Format: 3 sentences, one detail from our chat, one light concrete offer.

What you get

The link does not fade. A timely word, and you stay memorable.

The Contact, Kept

PROMPT TO COPY

Role: you are an advisor who helps stay in touch over time.
Context: I have [several contacts] I let slip for lack of time.
Task: suggest a simple way to keep the link without being intrusive.
Format: a realistic rhythm and 3 ideas for useful notes to send now and then.

What you get

A living network without spending your days on it. A few right notes are enough.

PROMPT 09 · GIVE

The Helping Hand

PROMPT TO COPY

Role: you are a mentor who believes in a network built on mutual help.
Context: I want to help people in my network before asking them for anything.
Task: help me spot what I can offer [a contact] with no strings attached.
Format: 3 ways to be useful this week, within my reach and sincere.

What you get

You become the person others want to help back. Giving first changes everything.

PROMPT 10 · GIVE

The Network, Activated

PROMPT TO COPY

Role: you are an advisor who helps call on a network at the right time.
Context: I need [advice, a referral] and I hesitate to intrude.
Task: help me frame a clear request that is easy to grant.
Format: a precise message, one single ask, a polite way out if it is no.

What you get

You ask without awkwardness and get a yes. A clear request is a gift, not a burden.

THANK YOU · YOUR TURN

One sentence, a big thank you.

These cards are offered to you, with no ads. Our only reward is your appreciation.

Give us 30 seconds

Take a moment to thank us on one of our networks. A public word, even a short one, keeps us going and helps us support you, tip after tip.

Scan to join us and say thank you

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